



## Bible Study Thought-Provoking Questions

The purpose of the questions is to facilitate a deeper understanding of the Bible, this Bible study topic and ourselves. The questions may be answered by each reader; or used by a Bible study group leader or church pastor. The following questions should be answered or discussed after reading "6 Stages of Temptation."

There are two types of questions: lesson and opinion. Lesson questions (preceded by a number) are provided an answer. Opinion questions (preceded by an ①) are designed to enhance learning via the determination of opinions and/or discovering how the lesson content illuminates our personal lives. As such, no answers are provided.

### Questions

- ① Jesus said "whoever looks at a woman to lust for her has already committed adultery with her in his heart."  
[Matthew 5:27-28](#)
  - Why did He say this?
  - Does His words mean it is possible to commit a sin with our thoughts?
  - Are His words insightfully true? Why?
- 1. What is the first stage of temptation?
- ① Looking back in time...can you identify what caught your attention and caused you to be misdirected?
- 2. What is the second stage of temptation?
- ① Can you remember the types of thoughts that occurred during this stage?
- 3. What is the third stage of temptation?
- ① Does the third stage of temptation comprise adultery as defined by Jesus in Matthew 5:27-28?
- 4. How quickly can the first three stages occur?
- 5. What is the fourth stage of temptation?
- ① Can you remember the types of thoughts and an internal struggle that occurred during this stage?
- 6. What is the fifth stage?
- 7. What is the sixth stage?
- ① Have you been victorious over temptation in the past? If yes:
  - What did you feel like on the "inside?"
  - Who was worthy of praise and glory for the outcome?
- ① What can you do to protect yourself from misdirection in the future?

### Women:

- ① Did you have prior understanding of the struggles Christian men have with lust?
- ① Has your understanding changed? If yes, how?
- ① What can you do to help your brothers in Christ?

## Answers

1. Page 3: Misdirection. Our attention is directed towards something that does not align with God's will.
2. Page 2: Interest. When we focus our attention upon the object that caused our misdirection, curiosity occurs and we desire to know more.
3. Page 3: Engagement. This is when we are fully disengaged from whatever we were doing and are now fully engaged with the object of our misdirection. Our mind's imagination begins to consume our thoughts as our eyes lustfully look, and our physical body becomes aroused.
4. Page 4: Very quickly. For some, it may occur within a couple of seconds.
5. Page 4: Battle. This is when the resolute heart of the Christian will recognize what's going on and will seek to take spiritual control over the flesh.
6. Page 5: Victory or sin. The battle is either won or lost.
7. Page 5: Spiritual life (an indescribable deep feeling of joy, peace, love a connection with God), or spiritual death (shame, guilt, internal/emotional pain, a feeling of being disconnected from God).